

WEEK 2

BAYNE-JONES ARMY COMMUNITY HOSPITAL

BREAKFAST: Scrambled Egg Substitute, Scrambled Eggs, Hard Boiled Eggs, Waffles, French Toast, Waffles, Hash Browns, Creamed Beef, Bacon, Turkey Sausage Patty, Sausage Links, Assorted Cold Cereal, Oatmeal, Grits, Biscuits, Whole Wheat Toast, White Toast, Assorted Danishes, Yogurt Parfait, 100% Fruit Juice, Skim Milk, 1% Milk, Fat-free Chocolate Milk, Whole Milk, Fat-Free Cottage Cheese, Fresh-Cut Fruit, Whole Wheat English Muffins, White English Muffin, Assorted Bagels, Cream Cheese, Light Cream Cheese, Peanut Butter, Jam/Jelly

**Items are offered on rotation based on availability*

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day	Chicken Pesto Wrap	Club Wrap	Chipotle Turkey Wrap		Chicken Caesar Wrap
Soup of the Day	Chicken Tortilla Soup	Tortellini Soup	Cajun Seafood Gumbo	Chicken Spinach Soup	Creamy Potato Soup
	Beef Bulgogi	Eggplant Parmesean	Spaghetti & Meatballs	Smothered Pork Chops	Mustard-Dill Baked Salmon
	Baked & BBQ Chicken	Parmesan Baked Trout	Chicken Alfredo	Roast Beef w/ Gravy	Kalua Pork
	Brown/White Rice	Brown Rice Pilaf	Wheat Pasta	Mashed Potatoes	Orzo Lemon and Herbs
	Black Eyed Peas	Herbed Potatoes	Rosemary Potatoes	Wild Rice	Oriental Rice
	Fried Okra	Broccoli Spears	Southern Green Beans	Fried Cabbage w/Bacon	Vegetable Stir Fry
	California Blend Veg	Tuscany Blend Veg	Glazed Carrots	Caribbean Blend Veggies	Broccoli Spears
	Cornbread	Dinner Roll	Breadsticks	Dinner Rolls	Dinner Rolls

Specilty Bar of the Day	Potato Bar	Nacho/Taco Bar	Philly Cheese Steak	Sandwich Bar	Wing Bar
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DINING FACILITY HOURS
 Breakfast 0630 – 0900
 Lunch 1100 – 1300

GO FOR GREEN
 EAT OFTEN
 EAT OCCASIONALLY
 EAT RARELY

ANYA M. ASHLEY, SSG, USA
 NCOIC, Nutrition Care Division

MENU SUBJECT TO CHANGE WITHOUT NOTICE
**Items are offered on rotation based on availability*