



**PREVENTIVE MEDICINE SERVICES  
PRESENTS THE**



**“GREAT AMERICAN SMOKEOUT”**

**The American Cancer Society’s Great American Smokeout on November 21<sup>st</sup> is the day when all tobacco users have an opportunity to kick the habit. In support of this cause, the Health Promotion Program of Bayne-Jones Army Community Hospital (BJACH) is sponsoring and/or participating in several activities.**

Participants will be encouraged to commit to go “Cold Turkey” for 24 hours or to never start using tobacco.

**PREVENTIVE MEDICINE SERVICES PRESENTS**  
**THE**  
**“GREAT AMERICAN SMOKEOUT”**

Join the Health Promotion Program  
at Bayne-Jones Army Community Hospital  
for the following Great American Smokeout awareness activities:

**18 -20 Nov - 10 AM to 1 PM**

**1st and 2nd floors at Bayne-Jones Army Community Hospital**

**19 Nov - 10 AM to 1 PM**

**Post Exchange**

**20 Nov – 10 AM to 1 PM**

**2<sup>nd</sup> floor classroom Education Center (Health Benefits Fair)**

***Enter the drawing for free raffle prizes***  
***Winners will be announced on 21 November 2013***

***Sign up for Tobacco Cessation Classes***



# GREAT AMERICAN SMOKEOUT PRIZES

- **TEN MWR PASSES**
- TWO 2-Day TOLEDO BEND CABIN & BARGE BOAT RENTALS
- **TWO SHOWBOAT DINNER THEATER FOR 2 TICKETS**
- ONE PAINTBALL PARTY FOR 4

WINNERS WILL BE NOTIFIED DURING  
THE GREAT AMERICAN SMOKEOUT  
ON 21 NOVEMBER 2013

