

Fort Polk HEALTH & WELLNESS FAIR

Fort Polk Exchange Mall | Saturday, January 09, 2016

10:00AM - 2:00PM



*Come and Join us for this free event.
Find out how to make Healthy choices for 2016*

Women's Health
Substance Abuse
Army Medicine
Secure Messaging
Nutrition

Stress Management
Anger Management
Dental Wellness
Suicide Prevention

Shoe Fit Demo
Gym Equipment Sale
Free Samples
Skin Care Demo

Contact Kathy Adams at (337) 653-3517 for event details and additional information.