

BJACH'S BISTRO MENU

Week 1 (12-16 OCTOBER)

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Soup of Day</u>	Ministrone Soup	Chicken Noodle Soup	Asian Stir Fry Soup	Loaded Potato Soup	Homemade Chicken Noodle Soup
<u>Meats</u>	*Spag W/Meat Sauce *Lasagna w/ meat sauce	Roast Turkey Braised Pork Chops	Oriental Peper Steak / Cantonese Ribs	Pork Carnitas / Salmon	Herb Baked Fish / Country Fried Steak
<u>Starch</u>	Tri- Color Potatoes	Mashed Potatoes / Cornbread Dressing	White / Veggie Fried Rice	White Rice / Refried Beans	Mashed Potatoes / White Rice
<u>Veggies</u>	Mixed Vegetables / Broccoli	Southrn Style Greens / Steamed Carrots	Stir Fry Vegetables	Peas and Carrots / Garlic Rtd Brussel Spro.	Succotash / Fried Cabbage
<u>Gravy</u>		Turkey Gravy		Chicken Gravy	Peppered Gravy
<u>Bread</u>	Garlic Bread	Hot Roll	Hot Rolls	Corn Bread	Corn bread
<u>Specialty Salad</u>	Cobb Salad	Caesar Salad	Chicken Salad	Chef Salad	Potato Salad
<u>Desserts</u>	OREO CrèmeCake	Peach Cobbler		Italian Lemon Cream Cake	Strawberry Cake
	Chocolate Chip Cookies	Macadamia Nut Cookies	Hope Royal Cookies	Cheese Cake	Oatmeal Raisin Cookies
Specialty Thursday:	Baked Chicken			Wing Bar*	

Updated 3 Sep 2020 (Menus are subject to change)

BJACH'S BISTRO MENU

Week 2 (19-23 OCTOBER)

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Soup of Day</u>	Loaded potato	Asian Stir Fry Soup	Shrimp Bisque	Ministrone Soup	Homemade Chicken Noodle Soup
<u>Meats</u>	Jerk Roast Turkey / Kalua Pork	Beef Teriyaki / Fried Sweet and Sour Chicken	Chili Macaroni / Chicken Cordon Blue	Tamales / Herb Season Chicken	Baked & Fried Catfish / Herbed Baked Chicken
<u>Starch</u>	Scalloped Potatoes / Rice and Peas	Brown/White Rice / Gar.Roast. Potat. Wed.	White Rice / Red Beans	Spanish Rice / Mashed Potatoes	Macaroni & Cheese / White Rice
<u>Veggies</u>	Broccoli / Caribbean Medley	Cauliflower / Sweet Peas	Broccoli / Club Spinach	Glazed Carrots / Cauliflower Parmesan	Black-Eyed Peas / Southern Style Greens
<u>Gravy</u>	Turkey Gravy	Chicken Gravy	Chicken Gravy	Chicken Gravy	Chicken Gravy
<u>Bread</u>	Hot Rolls	Hot Rolls	Hot Rolls	Hot Rolls	Cornbread
<u>Specialty Salad</u>	Cobb Salad	Caesar Chicken Salad	Chicken Salad	Chef Salad	Potato Salad
<u>Desserts</u>	Carrot Cake	Apple Cobbler	Oreo Cream Pie	Italian Lemon Cream Cake	Strawberry Cake
	Chocolate Chip Cookies	Macadamia Nut Cookies	Hope Royal Cookies	Cheese Cake	Oatmeal Raisin Cookies
Specialty Thursday:				*Philly Cheese Steak (Beef & Chicken)	

Updated 3 Sep 2020 (Menus are subject to change)

BJACH'S BISTRO MENU

Week 3 (5-9 OCTOBER)

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Soup of Day</u>	Chicken & Dumpling Soup	Miso Soup	Minestrone Soup	Loaded Potato Soup	Homemade Chicken Noodle Soup
<u>Meats</u>	Roast Beef / Roasted Chicken Brst	Teriyaki Chicken / S.S. Pork	Meat Loaf / Chicken Fried Steak	Chicken Alfredo / Arroz Con Pollo	Baked & Fried Chicken / Baked Salmon
<u>Starch</u>	Mashed Potatoes / Br/White Rice	White/Brown Rice / Oven Brn Potatoes	Mashed Potatoes / Brn/White Rice	Buttered Noodles / Plantains	Macaroni & Cheese / Mashed Potatoes
<u>Veggies</u>	Peas & Carrots/	Broccoli / Buttered Cauliflower	Calico Cabbage / California Blend	Carrots / Seasoned Green Beans	Mixed Vegetables / Roasted Aspagu. Tips
<u>Gravy</u>	Brown Gravy	Chicken Gravy	Peppered Gravy / Red Sauce		Chicken Gravy
<u>Bread</u>	Hot Rolls	Hot Rolls	Cornbread	Hot Rolls	Hot Rolls
<u>Specialty Salad</u>	Chef Salad	Caesar Chicken Salad	Cobb Salad	Caesar Pasta Salad	Potato Salad
<u>Desserts</u>	Dutch Apple Pie	Carrot Cake	Strawberry Cake	Italian Lemon Cream Cake	Strawberry Shortcake
	Chocolate Chip Cookies	Macadamia Nut Cookies	Hope Royal Cookies	Cheese Cake	Oatmeal Raisin Cookies
Specialty Thursday:				Potato Bar	

Updated 3 Sep 2020 (Menus are subject to change)